

INAYAN ESKRIMA

INAYAN SCHOOL OF ESKRIMA

The Martial Art with an "edge"...

Eskrima is a beautiful Martial Art that originated in the Philippines. The art has a very long history of combat effectiveness and differs from other Martial Art disciplines as the student is taught to train with weapons from the very start, rather than beginning with empty-hands training. Inayan Eskrima ingrains an interrelationship between weapons skills and empty-hand skills and because of this training philosophy, is widely recognized in the martial arts community for its extreme practicality and effectiveness. While providing a student with solid defense skills in a relatively short period of time, it is also a complex art that can offer a lifetime of challenge and personal growth to the serious practitioner.

We welcome all men, women, and young adults (14 or older) with a sincere interest in the Martial Arts to join our Eskrima classes.

Classes at the Inayan School of Eskrima are operated in a semiformal manner giving room for respect and safety as well as rapid mental and physical development. Classes are held three times weekly with openings currently available in both Knoxville and Lenoir City.

CONTACT US -

Please call or visit our Website for additional info:

(865) 599-1005

www.INAYAN.com

