

2nd Level ISE Student Rank Requirements



Medallion: Bronze Triangle, Silver Circle (Walk the Path)

In order to be acknowledged for their progress in the Inayan School of Eskrima and achieve the Level Two rank, Students will need to be knowledgeable and proficient in the following areas. A STUDENT MUST ALSO MAINTAIN KNOWLEDGE AND PROFICIENCY OF THE REQUIREMENTS FOR THE FIRST LEVEL.

- Know the entire lineage of the Inayan School of Eskrima.
- Know additional Sinawalis other than the standard 2-9.
- Know how to “chain“ all standard Sinawalis.
- Know all 12 of the formal Serrada striking angles.
- Know the difference between "formal", "informal" and "combat" strikes.
- Know three basic Serrada counters to each of the first five formal Serrada strikes.
- Know three basic Kadena counters for the first five formal Kadena strikes.
- Know basic With and Against Largo defense for the first five formal Largo strikes (also Sibat).
- Know Inayan Dequerdas counters for all eight formal Dequerdas strikes.
- Know one weapon vs. weapon plus one empty hand vs. weapon disarm for each of the first five Inayan striking angles.
- Know at least five arm/wrist locks - preferably to be executed against each of the formal striking angles 1-5.
- Know what the term "Dequerdas" means (literally and figuratively).
- Begin to participate in the Dequerdas training exercise (a.k.a. Eskrima Reflex Training Stick).
- Begin to participate in multiple attack exercises.
- Creation: Develop a new Sinawali.
- Research on the process of becoming a Tattoo Artist must be done. A paper turned in with findings and references.
- Know the following terms and their meaning:

Sipat	Anim	Sampu
Sibat/Bankow	Pito	Lambing isa
Dumog	Walo	Lambing diliwa
Panuntukan	Siyam	
- Required reading: Forest E. Morgan's “Living The Martial Way”.