

1st Level

ISE Student Rank Requirements



Medallion: Bronze Triangle, Bronze Circle (Find the Path)

In order to be acknowledged for their progress in the Inayan School of Eskrima and achieve the Level One rank, Students will need to be knowledgeable and proficient in the following areas.

- Know the name of the martial art you are taking.
- Know the name of the school you train at.
- Know how many student and how many instructor ranks there are in this school.
- Know who the Chief Instructor of the school is.
- Know the Filipino names of the ISE Instructor ranks.
- Know what medallion is used to designate each level.
- Know (explain) and perform the different salutations (respects).
- Know the two basic footwork patterns and what geometric shape they are derived from.
- Know the names of the seven different styles of Eskrima that are taught in our school.
- Know the names of the three core styles.
- Know and perform the formal Serrada striking angles (1-5).
- Know and perform the formal Largo Mano striking angles (1-9).
- Know and perform the formal Dequerdas striking angles (1-8).
- Know what Katalungan Guro, Guro, Lahong Guro, Masirib Guro, Tagaturo and Mangisursuro mean.
- Know the terms “Feed Me” & “Gauge” and what “body tapping” & “stick signals” mean.
- Know how to perform all of the standard Inayan Sinawali drills (2-count thru 9-count)
- Know the lineage of the Inayan School of Eskrima.
- Learn or know the meaning of respect and honor - be prepared to cite an example of each.
- Be very familiar with the Inayan School of Eskrima’s Code of Conduct.
- Possess a valid TN. drivers license.
- Know the following terms and their meaning: Eskrima, Serrada, Kadena de Mano, Decuerdas, Sinawali, Espada y Daga, Isa, Dalawa, Tatlo, Apat, Lima, Baston, Daga, Mano, Eskrimador
- Required reading: A.L. Sadler's “The Code of the Samurai”. Also, start a personal Inayan Eskrima journal (this should be kept up to date at least until 3rd Level).